

# AN UNUSUAL FOREIGN BODY IN THE UTERUS

(A Case Report)

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## SUMMARY

An unusual foreign body, rice grain with husk, was present at the fundus of the uterus and the patient had no symptoms related to foreign body's presence in the uterus. The way it has reached to the fundus of the uterus is yet to be known. Patient did not give any history of accidental or intentional insertion of the grain in the vagina or cervix.

## CASE REPORT

B.D. aged 50 years, para 5, was admitted for fullness and heaviness in the vagina which finally turned in something coming out per vaginum. This was gradually increasing for last 10 years. She had whitish vaginal discharge for the same duration. Discharge was not haemorrhagic or foul smelling. She did not complain of bladder or bowel symptoms. She had normal menstrual history with average flow. She had her last menstrual period 3 days back. She had all full term normal deliveries at home. Deliveries were not attended by doctor or other trained medical person. History of prolonged labour, forceful expulsion of the baby by abdominal pressure by the attendant or delivery in squatting posture was not present. She did not have chronic cough, constipation or smoking habit.

Abdominal examination did not reveal any abnormality. External genitalia were normal. Speculum examination revealed 3rd degree utero-cervical descent with marked cystocele, urethrocele, and rectocele. Cervix was hyper-

trophic but healthy looking. Uterus was retroverted, normal in size, firm, freely mobile and fornices were clear on vaginal examination. Provisional diagnosis of 3rd degree uterocervical descent with cystocele, urethrocele and rectocele was made.

Pelvic floor repair with vaginal hysterectomy was done under spinal anaesthesia in the usual manner. Gross examination of the cut specimen revealed rice grain with husk at the fundus of the uterus on the right side (Fig. 1). Surrounding endometrium and rest of the cavity was normal. Patient recovered uneventfully in the post-operative period and was discharged on 11th post-operative day.

## Discussion

This case merits special attention as the foreign body found was extremely unusual. We are yet to come across any mention of a grain being reported from uterus. Further, the presence of rice grain in utero did not give rise to any symptoms, another unusual observation, as foreign body in the uterus are usually symptomatic.

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*See Fig. on Art Paper IX*